

Arts & Medicine Institute

NEWSLETTER

Volume I, Issue I – 2014

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Aisha Syed Castro, violinist from the Dominican Republic, performs for the Arts for Health event, Cleveland Clinic Abu Dhabi

We would like to thank the numerous individuals, corporations and foundations whose generous donations help support the work of the Arts & Medicine Institute.

Letter from the Chair



I would like to welcome you to our inaugural newsletter. This issue is a reflection of 2013 – celebrating five years of the Arts & Medicine Institute. Throughout these pages, you will see the impact we are making in the lives of our patients, their families and our caregivers.

Combining the arts with medicine is a growing field in the United States and around the world. Medical studies have shown that the arts have a positive impact on one's mental and physical health. The Mayo Clinic, University of Michigan, Johns Hopkins, University of Florida Health Shands Hospital, Cedars-Sinai and many other hospitals also have arts programming.

At Cleveland Clinic, we strive to be the leading arts and medicine program in the country in the areas of music therapy, art therapy, visual arts, performing arts and research.

I once read a quote from Pablo Picasso that said, "Art washes from the soul the dust of everyday life." I always keep that quote in the front of my mind – not the back – because it's what we do in the Arts & Medicine Institute.

While many Cleveland Clinic patients have more serious health conditions than the quote reflects, we know that our programs ease the stress, anxiety and fears of our patients – whether during the time we spend with them or until their medical journey is complete.

By utilizing the power of art and creativity, our therapists continue to improve the emotional, mental and physical health of those they touch.

In addition to sharing the therapeutic benefits of the arts, I hope this newsletter will encourage people who have an interest in arts and medicine. Please contact me, or a member of my team, if you are interested in combining medicine with our therapies to improve the lives we touch.

Iva Fattorini, MD, MSc
Chair, Global Arts & Medicine Institute

MISSION

To enhance the Cleveland Clinic experience through the arts

To practice and investigate the use of the arts in healing

To build community around the arts, health and medicine

PROGRAMS

Our innovative and diverse programs encourage engagement in many areas of artistic interest. The Arts & Medicine Institute organizes more than 600 performances, exhibitions, art tours and activities per year.

AREAS OF FOCUS

- Music Therapy
- Art Therapy
- Visual Arts
- Performing Arts
- Research
- Education

Contact us to learn more about the Arts & Medicine Institute, our events or the programs offered.

clevelandclinic.org/artsandmedicine

216.448.8330

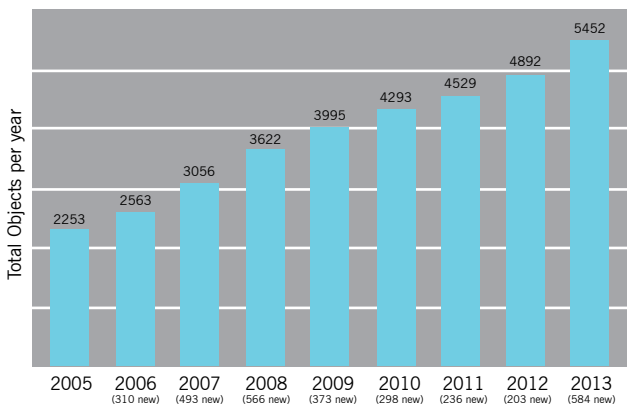
artsandmedicine@ccf.org

Program Growth

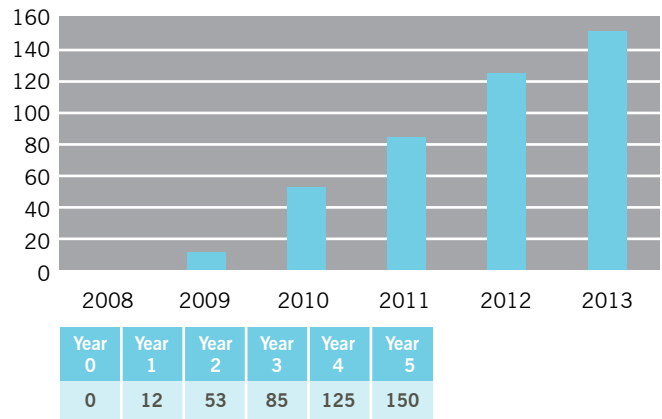
The Arts & Medicine Institute has seen extraordinary growth in five years. The Institute was created on May 1, 2008. We consider 2008 as Year 0. Our first year in full operation was 2009, thus 2013 marked our fifth full year of operation. Slowly and deliberately – one step at a time, one partnership at a time, one donation at a time – we have developed our Arts & Medicine Institute programs to a point that we are considered a national leader in the field of arts and medicine.

*The Art Program was formalized in 2006, and was incorporated into the Arts & Medicine Institute in 2008.

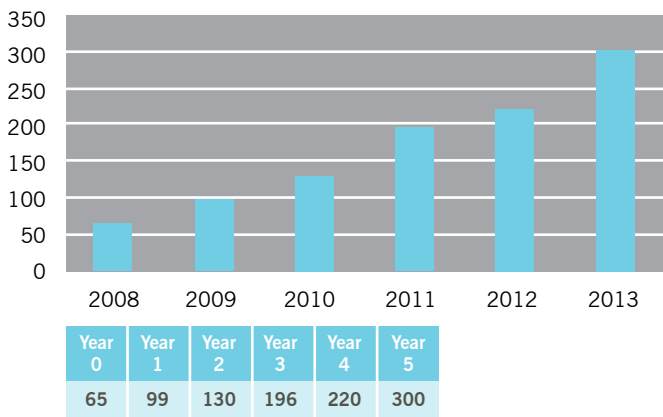
***Art Program**
Collection Growth since 2006



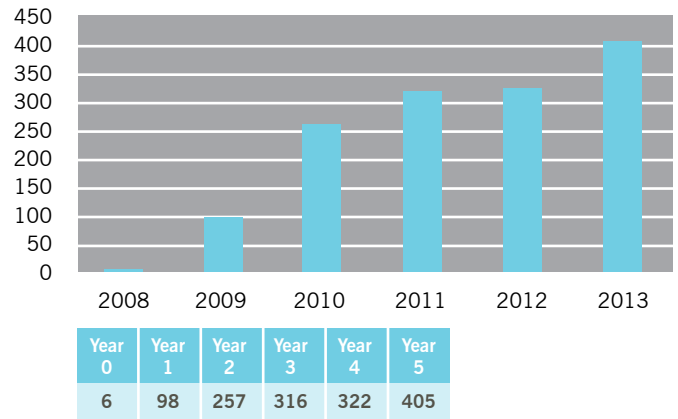
Art Therapy
Weekly Hours of Art Therapy by Year



Music Therapy
Weekly Hours of Music Therapy by Year



Performing Arts Program
Total Number of Performances by Year



Individuals, families, corporate sponsors and foundations who believe in the arts and healthcare are making a difference every day in the lives of our patients.

To learn more, please contact Karen Wyman, director of development, at 216.445.6722, or wymank@ccf.org.

Music Therapy helps stroke patient regain his voice

Five years ago, 55-year-old Bill Forrester, a college professor and an accomplished public speaker, suffered a major stroke on the left side of his brain. At the time of his stroke, Bill's prognosis wasn't good.

In addition to other effects of the stroke, Bill was also suffering from aphasia – when you know what you want to say, but can't get it out. Bill says he felt trapped in his body by the aphasia. "I was a public speaker before. I love talking," he says.

Music therapists say music, which is processed through the right side of the brain, can retrain the left side, which controls language and speech.

Lisa Gallagher, MA, MT-BC, a board-certified music therapist and music therapy program manager, helped Bill overcome aphasia with music therapy. She says, "We worked on his speech through singing, and we also worked on some fine motor skills through his playing of the keyboard and on the guitar."

Lisa says you don't need a musical background to benefit from music therapy and that it can help with a variety of conditions, such as anxiety, depression or pain.

The professor who couldn't walk or talk after his stroke has surpassed everyone's expectations. He is now running marathons, singing, creating art and speaking to college students. He has even gone to Mexico to help teach children how to speak English.



Bill works on fine motor control and hand strengthening by playing the keyboard. After much progress he was able to play his guitar again.



Speechless No More



Speechless No More

Lisa Gallagher and Bill Forrester were featured in a video news story that circulated through many news outlets, including the website *Everyday Health*, in the section *Health Matters with Dr. Sanjay Gupta*. It can be viewed at everydayhealth.com/sanjay-gupta/speechless-no-more.aspx

Music Therapy programs are now at the following community hospitals:

Euclid Hospital

Fairview Hospital

Hillcrest Hospital

Lakewood Hospital

New Music Therapy Program at Fairview Hospital

The Music Therapy Program expanded to Fairview Hospital in October 2013. The Arts & Medicine Institute was asked to provide music therapy services to patients at Fairview Hospital Cancer Center Moll Pavilion twice a month. Music therapy is available for patients in outpatient radiation oncology and chemotherapy suites. It has been welcomed as it has promoted a calming environment and helped patients to better cope with treatment. The program is funded by a donation generously made to Fairview Hospital.



Debbie Bates, MMT, MT-BC, board-certified music therapist, in a music therapy session with a patient.

Hillcrest Hospital Music Therapy expands

In 2013, the Music Therapy Program expanded at Hillcrest Hospital. Stephanie Morris, MT-BC, board-certified music therapist, now receives consults in all critical care units (ICU, CCU, CSICU), 3, 4 and 5 Seidman Tower, oncology, palliative/hospice care, neuro/rehab, pediatrics, trauma and a parent group in the NICU.

Top 9 Cleveland Clinic hospital units that refer to Music Therapy

H60	J51	G91
G70	J73	J81
J53	J72	G101

Arts & Medicine Institute and Mellen Center collaborate on study: *Effects of Music Therapy on walking in multiple sclerosis patients*

The Arts & Medicine Institute and Mellen Center for Multiple Sclerosis are collaborating on a research study titled “Effects of a home-based walking program using rhythmic auditory stimulation on walking and cortical activation in patients with MS.” The study is led by Francois Bethoux, MD, Director of Rehabilitation Services at Cleveland Clinic’s Mellen Center.

This project is a culmination of several previous pilot studies done in the past five years measuring the effects of Rhythmic Auditory Stimulation (RAS), a form of music therapy, on improving gait in patients with multiple sclerosis (MS).



Francois Bethoux, MD

“It’s been exciting to explore the results that RAS has on improving patients’ walking performance,” says Dr. Bethoux. “I’m excited to further explore, in more depth, the changes RAS produces in patients with MS and further develop ways to help improve their walking in the future. RAS is easy to use, safe, inexpensive and potentially applicable to many individuals with a wide range of walking disability from MS.”

Using RAS with MS patients is a relatively new approach; the preliminary studies showed an impact worthy of further study.

In 2013, the Kelvin and Eleanor Smith Foundation generously donated funds to further this work that will include use of functional magnetic resonance imaging.



Dwyer Conklyn, MM, MT-BC, board-certified music therapist, utilizes Rhythmic Auditory Stimulation, a form of music therapy, to help improve the gait of a patient with multiple sclerosis.



The artists in the *Map Quest* exhibition at Cleveland Clinic map their personal experience by extracting essential features of their environment and specifying how they interconnect.

Map Quest

Mapping has been traditionally used to impose meaning and order to the world. The artists in the *Map Quest* exhibition, featured in Cleveland Clinic's Art Exhibition Area from Jan. 31 through May 8, 2013, map their personal experience by extracting essential features of their environment and specifying how they interconnect.

Each artist takes a rigorous, calculated approach to their work. Whether it is diagramming results, creating lyrical pathways between the imagined and real, exploring the connectivity of cultures and history or constructing new patterns of narrative, the outcome is always personal and often abstract.

El Anatsui and **Nevin Aladag** draw their aesthetic traditions from their respective native countries (Ghana and Turkey), referencing relationships between different peoples and customs. Similarly, **Mark Bennett's** blueprint lithograph is a nod to the collective American pop culture experience with his imaginative floor plans of Baby Boom era sitcoms and popular television series. **Ingrid Calame's** tracings and rubbings are not mere graffiti but rather literal maps of the evidence of modern human activity, whether in the stains and cracks on the streets, or on the Indianapolis Motor Speedway.

Taking a scientific approach while referencing famous images from art history, **Analia Saban's** laser cut lines map their own course as they collapse from the drawing to the bottom of the frame. In his abstract and geometric works on paper, and in her prints of fantastic structures, former Clevelander **Steven Bindernagel** and **Sarah Sze**, respectively, explore relationships between decay and growth that generate a dialogue between painting, sculpture and architecture. Parallel themes of deterioration and creation are also evident in the works by **Charles Long**. In his drawings made directly on photographs, Long connects two seemingly separate worlds, the imagined and the photographic.

Natan Dvir: A Lens on Israel

Natan Dvir, an Israeli photographer who focuses on the human aspects of political, social and cultural issues, had an exhibition of his photographs on display from May 16 through Nov. 20, 2013 in Cleveland Clinic's Art Exhibition Area.

The photographs included in the exhibition are from three different series: *Belief*, *Eighteen* and *The Tel Avivians*. By separating these different topics he combined specific observations of the public with a focus on individuals and their experiences. Dvir explored various subjects through his documentary approach to photography, such as the impact that religion and faith have on Jews, Christians and Muslims; misconceptions and stereotypes of Arab men and women at age eighteen; and the people who make up the diverse and dynamic fabric of Tel Aviv.

Using his camera as a tool for examination and to break through barriers, he documented religious ceremonies, political events and daily life throughout Israel. Through this lens, Dvir looks at Israel's diversity and complexity.

In conjunction with the exhibition, a panel discussion about the nature of belief was presented by the Art Program and the Spiritual Care Department.



Two visitors admire the photographs of Natan Dvir, an Israeli photographer who focuses on the human aspects of political, social and cultural issues, at his exhibition *A Lens on Israel*.



Participants learn about Cleveland Clinic's art collection during Art in the Afternoon – held every third Sunday of the month in the Miller Family Pavilion.

Art in the Afternoon

Art in the Afternoon provides themed art tours of Cleveland Clinic's art collection in an intimate, comfortable setting. The program is designed to lift the spirits, engage the mind and provide an enjoyable social experience for those with memory loss, dementia or Alzheimer's disease and their caregivers.

Tours are hosted monthly, every third Sunday of the month from 2 to 3 p.m. in the Sydell and Arnold Miller Family Pavilion at Cleveland Clinic – other venues to be added soon. They are guided by volunteer Art Ambassadors and a member of the Art Program.

Participants learn about artwork and artists and are encouraged to ask questions and to share their thoughts and stories. Refreshments are provided when the tours are complete.

The program is a joint venture between Cleveland Clinic, Cleveland Museum of Art and the Alzheimer's Association. Free valet parking is provided. Pre-registration is not required, but is preferred. Call 216.448.0232 to register.

New art installations abounded in 2013

There were 52 new installations of artwork in Cleveland Clinic facilities in 2013. Here are some highlights:

- **Lab Connector:** Barry Underwood, local artist commission
- **Regional Ophthalmology:** new facility in Beachwood
- **Hillcrest Hospital radiology**
- **Fairview Hospital expansion**
- **J1:** Installation of donated sculpture by Anthony Pearson
- **GB:** Imaging
- **Cleveland Clinic Florida:** new outpatient facilities at Parkland & Jupiter
- **InterContinental Hotel:** 252 rooms renovated, each with a unique work of art and fine art posters
- **M1:** Installation of donated sculpture commissioned from Loris Cecchini

Research study preliminary findings show art has positive effect on patients

Meghana Karnik, BA, Jennifer Finkel, PhD, curator, and Bellamy Printz, MFA, curator, collaborated to research and write an article entitled "A Hospital's Contemporary Art Collection: Effects on Patient Mood, Stress, Comfort and Expectations" (*HERD Journal*, Spring 2014).

The paper focused on the results of an online survey of Cleveland Clinic's Patient Panel conducted by the Market Research and Analytics Department at Cleveland Clinic.

The results of the survey showed Cleveland Clinic's contemporary art collection has measurable positive effects on patients' moods, comfort, stress and overall impression of their visit to the hospital. Due to the survey's success, the Art Program will complete additional research to learn more about patient responses to different types of art during their hospital stay through bedside interviews.

Cleveland Clinic Employee Art Show unveils hidden talents

Have you ever wondered about the hidden talents of Cleveland Clinic caregivers? The Employee Art Show exhibition at the InterContinental Hotel revealed that some of our caregivers are Picassos in disguise. The artwork on view came from as far away as Cleveland Clinic Florida.

This bi-annual show, sponsored by the Arts & Medicine Institute, was judged by: William Busta, director, William Busta Gallery; Lisa Kurzner, independent curator; and Kristin Rogers, art education & communications manager, Progressive Insurance.

Five honorable mention awards were presented to the following caregiver artists:

- **Nancy Antonsen Morrison**, physical therapy assistant, Euclid Hospital, collage of intaglio prints & found material
- **Dawn Fuller**, clinical analyst II, Center for Pathology Informatics, Lyndhurst, textile art
- **Jim Lang**, photographer, Lerner Research Institute, photograph and poetry (Phoetry)
- **Ashley Pagan**, patient service representative, Beachwood Family Medicine, prismatic colored pencil drawing
- **Mark L. Sabo**, medical illustrator, Center for Medical Art and Photography, tempera on board



Ashley Pagan, patient service representative at Beachwood Family Medicine, won an honorable mention at the 2013 Employee Art Show for her prismatic colored pencil drawing of a patient getting ready to tie a gown.

Patient lights up lobby with final dance



An avid dancer, Thomas Hinojosa was able to fulfill his last wish by taking his wife Carolina for a spin in the Karos Grand Lobby of the Sydell and Arnold Miller Family Pavilion at Cleveland Clinic. Thomas died in 2013 after a battle with cancer.

Thomas Hinojosa likely danced into the light when he passed away on Aug. 24, 2013. At least, that's what his wife of 44 years believes. "He was a truly beautiful person. He left his mark on so many people – and boy did he love to dance," Carolina Hinojosa recalls.

Thomas, a veteran U.S. Marine and native of Cleveland, had competed in amateur dance competitions since his teens. One of his most treasured hobbies, dancing, was another way he could connect with people and touch their lives.

For some, the music could have stopped when Thomas was diagnosed with both liver and bone cancer a few years ago. But that just wasn't his way.

Thomas spent some time cancer-free, but the disease returned, and he found himself back at Cleveland Clinic this past July. He must have known his time was approaching.

"He told me, 'I only want two things before I die,'" Carolina says. "'To dance and to ride my motorcycle.'" Stuck at the hospital receiving treatment, neither Thomas nor Carolina knew if his last two wishes would be possible.

"And then, one day, we took a walk in between treatments, and heard '60s music playing," Carolina says. A musical group called Long Road was playing fast-paced '60s-era tunes in the Karos Grand Lobby of the Miller Pavilion Lobby as part of the performing arts program.

"Oh, Thomas just lit up!" Carolina said. "He ran to his room and began changing — put on his hat and all!" Carolina and the nurses asked what he was doing, where he was going. "I'm going to dance!" Thomas had replied. He then escorted Carolina back to the lobby, took her hand, and began dancing for everyone to see.

"I hadn't seen him light up like that in a long time," Carolina said. "He was so happy."

Thomas, aged 67, passed peacefully with his wife by his side. Carolina rests with the comfort that he was able to fulfill his final wish. After touching so many lives, music touched his one last time.

The power of friendship through art therapy

A rainbow-hued friendship bracelet became a symbol of courage and support for childhood cancer in one community, inspired by the imaginations of 11 middle-school friends.

Classmates Rachel, Rebecca, Julia, Isabella, Laura, Madison, Rebecca, Michael, Kayla, Ada, and Maria were devastated by the news that their friend, Mary Katherine Hall, had cancer. The friends and Mary Katherine's brother, Andrew, wanted to help, but how?

A Friend in Need

In January, Mary Katherine was diagnosed with bone cancer, or osteosarcoma, in her left femur. Soon after, she underwent surgery at Cleveland Clinic Children's to remove the cancer from the bone.

"When we told her classmates that Mary Katherine had cancer, they sent an email about her illness to the entire school," says Maureen Hall, Mary Katherine's mother. "Two days later, her friends were at our house offering support."

After surgery, Mary Katherine required chemotherapy, which she didn't tolerate well. The result – long hospital stays. Her friends kept in touch through texts, emails and Facetime (done through iPhones and iPads). But they wanted to do more.

A New Interest Inspires an Idea

"Mary Katherine used to prefer sports to arts and crafts," Maureen says of her 11-year-old daughter. "But when she was in Children's, she really looked forward to the visits from Meredith [McCulloch] because she wasn't getting poked with needles." Daily visits from Meredith, board-certified art therapist in Children's, helped pass the time, as well as provide an emotional outlet for Mary Katherine.

"As an art therapist, I try to establish a relationship with patients to make them feel safe and comfortable to express what they're feeling, through discussion and making art," says Meredith. "This makes our sessions more than just 'something to do,' it's a way for patients to cope with the challenges associated with illness and hospitalization." When Mary Katherine told her friends how much she enjoyed art therapy,



they decided to raise funds to purchase arts-and-crafts supplies for the program, which also would raise awareness of childhood cancers. Calling themselves the Rainbow Connection, her friends wove hundreds of multicolored friendship bracelets on rainbow looms.

The group then asked permission to set up tables at PTA-sponsored craft fairs. They made signs about their fundraising cause and gave bracelets to anyone who made a donation. The community rallied, and within a few weeks, they had raised \$1,000, as well as \$400 worth of supplies, to support the Art Therapy Program in the Children's Hospital.

A Welcome Gift

The Art Therapy Program is funded through Cleveland Clinic's Arts & Medicine Institute, which relies on contributions like these to keep the program running. "Our budget for materials can be tight, and with all of my creative and enthusiastic patients, I go through supplies quickly," explains Meredith. "Many of my patients have compromised immune systems and can only work with new art materials, so this donation is a tremendous help." It also was a complete surprise. "Mary Katherine's mother and grandparents asked my colleagues what type of supplies I needed," Meredith says. "It's just very special to receive this gift."

Says Maureen: "The girls did this all on their own. Mary Katherine and I had talked about ways we could help the next young patient with cancer, but this idea was all theirs." Having her friends around during her cancer treatments — and having them rally around this cause — meant the world to Mary Katherine. "No kid wants to talk about cancer – it's so scary and terrifying," Maureen says. "They want to talk about school and boys. Yet, here they are."

For more information on how you can help support the Art Therapy Program or other Arts & Medicine initiatives, please contact Karen Wyman at 216.445.6722 or wymank@ccf.org.



Art therapy as a path to wellness

Art therapy is a therapeutic outlet for patients and those who care for them – whether physically or emotionally. Art therapy sessions for patients, families and caregivers were created in 2010 as a way to encourage artistic expression as a pathway to wellness.

Group art therapy sessions

Second and fourth Monday of each month

Patient and Family Education Center

Glickman Tower

11:30 a.m. – 1:30 p.m.

Every Friday

Wellness Store

Miller Family Pavilion

11:30 a.m. – 1:30 p.m.

Each session offers a different art therapy activity such as making luminaries or creating ink art on dominoes and tiles.

All are welcome to attend.

Registration is not required.



A patient ventured down from her hospital room to enjoy some time creating an art project in the Wellness Store in the Miller Family Pavilion at Cleveland Clinic.



Art therapy room at the Taussig Cancer Institute

The Arts & Medicine Institute has partnered with Taussig Cancer Institute and their patient care initiatives to provide art therapy services for outpatients, their families and caregivers at Taussig. Daily open studio hours are offered in the art therapy room located on the basement level every Monday, Wednesday and Friday from 9 a.m. to noon, and every Tuesday and Thursday from 1 to 4 p.m.

Lisa Shea, MA, AT, art therapist, also visits and works with chemotherapy patients in their rooms. The program has been very successful and enjoyed by all those who have participated. For more information, please contact Lisa Shea at 216.444.2479 or sheal@ccf.org.

Daily open studio hours are offered in the art therapy room located on the basement level of Taussig Cancer Institute at Cleveland Clinic. Patients, families and caregivers are encouraged to stop by to take part in daily art therapy activities.

Transformations: honoring the cancer journey

Some of our best ideas come from our patients. And that's how the *Transformations* mask exhibit came to life.

A cancer patient expressed an interest in decorating her radiation mask after her treatment was complete.

Building on her idea, the Art Therapy Program at Taussig Cancer Institute held a creative workshop for patients and their caregivers to transform a cancer treatment device from something uncomfortable and anxiety-provoking into something restorative and uplifting. Each participant transformed a radiation mask into an individual work of art.

Cleveland Clinic collaborated with University Hospitals Seidman Cancer Center, Northcoast Cancer Foundation and The Gathering Place to hold *Transformations* exhibits at Beachwood Community Center Art Gallery and Sandusky Cultural Center.



Transformations exhibit on display at the Beachwood Community Center Art Gallery.



Kelly Pecl-Dreamer, MA, AT, art therapist, makes suncatchers with a transplant patient.

Dedicated art therapist on Transplant Special Care Unit

In the fall of 2013, the Art Therapy Program increased involvement with the G101 Transplant Special Care Unit by piloting a dedicated art therapy program. Art therapist Kelly Pecl-Dreamer began spending 2-1/2 days per week on this unit. Kelly offers a weekly group for patients on G101 and their families, and then conducts individual bedside sessions on the unit. Through this collaboration, Kelly has been able to use her skills as an art therapist to assist the patients with the emotional and physical stressors related to transplant.

Ursuline College Master's in Art Therapy interns help expand services to patients

Ursuline College Master's in Art Therapy students complete intensive internships with the Art Therapy Program in the Arts & Medicine Institute. In 2013, they provided art therapy to patients equivalent to one full-time person. Ursuline College is the only college in Ohio that offers a Master of Arts in Art Therapy and Counseling Degree. Students are required to complete significant hours of internship. Tammy Shella, MA, ATR-BC, art therapy program manager, has been supervising Ursuline art therapy interns at Cleveland Clinic for many years, both at Lutheran Hospital and at main campus. As the Art Therapy Program at Cleveland Clinic has grown, so has the relationship with Ursuline. In 2013, the program became more formalized and with the addition of Mickie McGraw, ATR-BC, a leader in the art therapy field and an adjunct professor at Ursuline College, the internship program expanded significantly, with four interns participating in 2013.



Musicians-in-Residence program launched

In 2013, the Musicians-in-Residence program was launched. The Musicians-in-Residence were chosen based on length of service, number of performances in the Performing Arts Program, excellent musicianship and a proven ability to work in a hospital environment.

Musicians-in-Residence perform regularly at Cleveland Clinic in the Karos Grand Lobby of the Miller Family Pavilion, Surgery Center main lobby, the Crile Building lobby and Cole Eye Institute main lobby.

The 10 Cleveland Clinic Musicians-in-Residence are:

Lee Bush (guitar), Ariel Clayton (violin), Virginia Crabtree (flute and piccolo), Gayle Getts (flute), Marshall Griffith (piano), Mary Beth Ions (violin), Dan Kalosky (double bass), Alan Petersen (vibraphone), Sean Snapp (flute) and Susan Strasek (harp).



The Performing Arts Program is made possible through the generous support of Medical Mutual.

1,000th live music performance

On March 1, 2013, the Arts & Medicine Institute marked the 1,000th performance in its Performing Arts Program with a special concert in the Karos Grand Lobby of the Miller Family Pavilion. The event was scheduled to coincide with the presentation of the second annual Gladys Gibson Award, presented by CEO and President Toby Cosgrove, MD, to Nurse Jenny Bodnar and Case Manager Michelle Brusio for their exemplary service in the performance of their duties.



Get an earful of live music at Medina Hospital

Visit Medina Hospital on the right day and you're in for an auditory treat, thanks to a program that features live music in the hospital's main lobby.

Volunteer Coordinator Nicole DeAngelis and System Analyst Kathy Ray stumbled upon the idea of a Performing Arts Committee when they attended a recent video conference on patient experience that featured a piece on music performance.

"Kathy and I both looked at each other and said how great that would be to have in the atrium of the hospital," DeAngelis says. "So we contacted the Arts & Medicine Institute and had a conference call on how to start the program." To make a complete committee, DeAngelis and Ray joined forces with Hospital Chaplain Joe Rinderknecht and Community Outreach Coordinator Sarah Arend.

The group strives to enhance the well-being of patients, families, visitors, caregivers and the community. The program is off to a great start and new performances are being scheduled regularly.

Arts & Medicine Institute: Who we are

Caregivers

Cleveland Clinic's Arts & Medicine Institute caregivers integrate music therapy, art therapy, visual arts, performing arts, research and education to promote healing and to enhance the lives of our patients, families, visitors and other caregivers.

Iva Fattorini, MD, MSc
Chair, Global Arts & Medicine Institute

Maria Jukic, JD
Executive Director, Arts & Medicine

Genell Tuck
Administrative Program Coordinator

Greg Bonanno, MM
Administrative Program Coordinator – Performing Arts Program

Music Therapy

Lisa Gallagher, MA, MT-BC
Music Therapy Program Manager

Debbie Bates, MMT, MT-BC
Senior Music Therapist

Sarah Chappell, MT-BC
Music Therapist

Laura Higgins, MT-BC
Music Therapist

Stephanie Morris, MT-BC
Music Therapist

Christine Young, MT-BC
Music Therapist

Art Therapy

Tamara Shella, MA, ATR-BC
Art Therapy Program Manager

Meredith McCulloch, MA, ATR-BC, PC
Art Therapist

Kelly Pecl-Dreamer, MA, AT
Art Therapist

Lisa Shea, MA, AT
Art Therapist

Kate Taricska, MA, AT, PC
Art Therapist

Mary (Mickie) McGraw, ATR-BC
Art Therapy Education

Art Program

Joanne Cohen
Executive Director and Curator, Art Program

Jennifer Finkel, PhD
Curator

Bellamy Printz, MFA
Curator

Katy Koran, MAM
Registrar and Assistant Curator

Michael Dickas, MFA
Preparator

Noel Ward
Assistant Preparator

Deborah Sherwood
Department Coordinator

Philanthropic Giving

Karen Wyman
Director of Development

Advisory Committee

Arts & Medicine Institute Advisory Committee is a group of physicians and researchers, invited by the Chair of the Arts & Medicine Institute, to serve as champions of the Institute's programs and initiatives. These individuals support, advocate, have interest in, seek opportunities to integrate and conduct research involving the arts. Their strategic goal is to assist the Chair of Arts & Medicine Institute in furthering the Institute's vision and mission through education, integration, advocacy and research.

Gene Barnett, MD, MBA
Director, Rose Ella Burkhardt Brain Tumor and Neuro-Oncology Center, Neurological Institute
Director, Gamma Knife Center, Neurological Institute
Associate Dean, Faculty Affairs, Cleveland Clinic Lerner College of Medicine

Michael Benninger, MD
Chairman, Head & Neck Institute
Professor of Surgery, Cleveland Clinic Lerner College of Medicine

Francois Bethoux, MD
Director, Rehabilitation Services
Mellen Center for Multiple Sclerosis Treatment and Research
Neurological Institute

Eugene Blackstone, MD
Head, Clinical Investigations, Heart and Vascular Institute
Staff, Thoracic and Cardiovascular Surgery, Quantitative Health Services, and Transplantation Center
Heart and Vascular Institute, Lerner Research Institute, Digestive Disease Institute

Brian Bolwell, MD
Chairman, Taussig Cancer Institute
Professor of Medicine, Cleveland Clinic Lerner College of Medicine
Associate Director of the Case Comprehensive Cancer Center

Neil Cherian, MD
Staff, Neurological Center for Pain/Neurology
Neurological Institute

Thomas Graham, MD
Chief Innovation Officer
Justice Family Chair in Medical Innovations
Vice Chair, Department of Orthopaedic Surgery

Damir Janigro, PhD
Staff, Biomedical Engineering and Cerebrovascular Center
Lerner Research Institute, Neurological Institute

Richard Lederman, MD, PhD
Staff, Neurology
Neurological Institute

David Longworth, MD
Chairman, Medicine Institute
Associate Chief of Staff, Clinical Integration Development

Kandice Kottke-Marchant, MD, PhD
Chair, Robert J. Tomsich Pathology and Laboratory Medicine Institute
Section Head, Thrombosis and Hemostasis
Chair, Department of Pathology, Cleveland Clinic Lerner College of Medicine

Linda McHugh, MT, MBA
Executive Administrator
Executive Administration

James Merlino, MD
Chief Experience Officer, Office of Patient Experience
Associate Chief of Staff, Professional Staff Affairs
Digestive Disease Institute

Elaine Schulte, MD, MPH
Vice Chair, Staff Development, Pediatric Institute
Chair, Department of General Pediatrics
Professor of Pediatrics, Cleveland Clinic Lerner College of Medicine, CWRU

Kathryn Teng, MD
Director, Center for Personalized Healthcare
Medicine Institute

Elias Traboulsi, MD
Director, Graduate Medical Education
Cole Eye Institute, Education Institute, Lerner Research Institute, Pediatric Institute, Genomic Medicine Institute

James Young, MD
Chairman, Endocrinology and Metabolism Institute
Executive Dean, Cleveland Clinic Lerner College of Medicine
Physician Director, Philanthropy Institute



Research studies

The Arts & Medicine Institute is focused on conducting research to measure the impact of art and music therapy in the hospital setting. We have undertaken and are in the process of developing a number of research studies with a variety of patient populations including:

- Multiple Sclerosis and music therapy for gait
- Dialysis and music therapy
- Cancer and art therapy
- Orthopaedic surgery and music therapy
- Bone marrow transplant and music therapy
- Palliative medicine and music therapy
- Heart and vascular and music therapy
- Impact of visual arts on patients
- Impact of performing arts on patients

Arts & Medicine Institute hosts Ohio General Assembly delegation

The Community Partnership for Arts and Culture (CPAC) invited a delegation from the Ohio General Assembly to Cleveland to learn about the intersection of arts, health and human services. Cleveland Clinic's Arts & Medicine Institute was one of three stops on the tour.

Nickie J. Antonio, State Representative for Ohio House District 13, leads healthcare efforts in the Ohio House. CPAC created a white paper on that topic.

"It was a great opportunity to educate the Ohio legislative delegation about the benefits of bringing the arts and using the arts in a hospital and how the Arts & Medicine helps to promote healing to enhance the lives of our patients, families, visitors and caregivers," says Maria Jukic, JD, executive director, Arts & Medicine.

National

Iva Fattorini, MD, served as panelist at Americans for the Arts National Arts Policy Roundtable

Iva Fattorini, MD, Chair, Global Arts & Medicine Institute, was invited to participate in the eighth annual convening of the Americans for the Arts National Arts Policy Roundtable – an annual forum of national leaders who share a commitment to the arts and a willingness to meet and recommend policies critical to the advancement of American culture and society.

The topic was "Arts and Healing: Body, Mind and Community." The Roundtable examined how the arts play an important role in the rehabilitation of those who have experienced both mental and physical traumas, including our nations wounded warriors.

Dr. Fattorini served as a panelist with Ben Folds, a singer-songwriter, and Mary Luehrsen, executive director of the National Association of Music Merchants. The panel discussion focused on "Approaches to Creative Arts and Healing."

The event, a partnership with the Sundance Institute, took place Sept. 19 – 21, 2013 in the Wasatch Mountains of Utah.



Dr. Iva Fattorini, center, with Julie Muraco and Robert Lynch from Americans for the Arts, at the Sing for Hope offices in New York City, discussing the role of the arts in medicine.

Cleveland Clinic Florida has Center for Arts & Medicine

Cleveland Clinic Florida in Weston has created a Center for Arts & Medicine under the direction of David Friedman, MD, Director, Dermatology and Plastic Surgery Center and Chairman of Plastic Surgery at Cleveland Clinic Florida. The Center for Arts and Medicine hosts performances by local musicians and dancers, among other activities.



David Friedman, MD

Global

Arts and Medicine in Abu Dhabi



Iva Fattorini, MD, Chair, Global Arts & Medicine Institute, has been working on expanding arts and medicine concepts into Cleveland Clinic Abu Dhabi (CCAD) and in the region. She secured an arts and culture space in the new hospital building with plans to hold musical and arts performances and art exhibits in that space.



Dr. Fattorini has lectured to various audiences including academic institutions, departments within CCAD, and other organizations and events in Abu Dhabi and Dubai. Several arts related lectures and musical performances have been held, including the Arts for Health concert pictured here with Aisha Syed Castro performing.

Abu Dhabi Music and Arts Foundation partnership

Three Generations – contemporary Emirati artists exhibit in the United States

After traveling from Abu Dhabi and London the *Three Generations* exhibit made its way to Cleveland Clinic. The exhibit was featured from Dec. 2, 2013 to March 31, 2014 in Cleveland Clinic's Art Exhibition Area.

Works by 16 different artists highlighted the creative practices of three generations of Emirati visual arts practitioners. Together, they used a range of media in expressing a dynamic and complex cultural identity.

Through their works, a number of artists seize upon elements that form the fabric of Emirati tradition. By reappropriating these as objects of aesthetic appreciation, they became both representational forms and evocative statements entrenched in memory.

Several pieces by the youngest generation of Emirati artists including Al Shamsi, Al Omaira, Abdulaziz, Al Dhaheri and Al Mazrouei are preoccupied with the psychology of modern society and the almost performative role of the individual. They play on the often contradictory and contrasting nature of the public persona and the private person, together with that which is used to divide, protect, conceal and display.

While *Three Generations* in no way sought to present a comprehensive journey through Emirati visual arts practice to date, it conveyed a snapshot of the breadth and depth of creative expression in the United Arab Emirates today.

This exhibition was co-sponsored by Cleveland Clinic Global Arts & Medicine Institute, Abu Dhabi Music and Arts Foundation and Cleveland Clinic Abu Dhabi.



A woman studies a photograph at the opening of the *Three Generations* exhibit at Cleveland Clinic.

2013

Arts & Medicine Institute

IN NUMBERS

521

Number of participants in music therapy groups

447

Number of participants in art therapy groups

209

Number of tours of the art collection

64

Number of hospital units that referred music therapy

36

Facilities that received art

27

Number of hospital units that referred art therapy

5,281

Number of pieces in the art collection

1,641

Number of music therapy patient visits

1,465

Number of art therapy sessions with inpatient pediatric patients

1,041

Number of art therapy adult patient visits

150,000

Estimated number of people touched by the performing arts program

405

Number of performing arts events